

# PERSONAL TRAINING SERVICES AGREEMENT

Location: \_\_\_\_\_ Contract No.: \_\_\_\_\_

## PARTIES:

Trainer Name: \_\_\_\_\_

Trainer Address: \_\_\_\_\_

Trainer Phone/Email: \_\_\_\_\_

## CLIENT INFORMATION:

Client Full Name: \_\_\_\_\_

Client Address: \_\_\_\_\_

Client Phone/Email: \_\_\_\_\_

## SERVICES:

Description of Services: \_\_\_\_\_

## SCHEDULE AND DURATION:

Session Frequency and Duration: \_\_\_\_\_

Contract Term: \_\_\_\_\_

## FEES AND PAYMENT:

Fee per Session: \_\_\_\_\_ AUD

Total Contract Fee: \_\_\_\_\_ AUD

Payment Method: \_\_\_\_\_

## CLIENT RESPONSIBILITIES:

Client agrees to disclose any medical conditions, injuries, or limitations prior to participation. Client will follow instructions and guidelines provided by Trainer and notify Trainer immediately of any adverse reactions or health issues arising from the training sessions.

## TRAINER OBLIGATIONS:

Trainer agrees to provide personal training services in a professional manner consistent with industry standards and applicable laws. Trainer will maintain appropriate certifications, insurance, and qualifications required under Australian law.

## TERMINATION:

Either party may terminate this Agreement by providing written notice to the other party. Upon termination, all fees owed for services rendered up to the date of termination shall be payable. No refunds will be provided for sessions already completed. Termination shall not relieve Client of any payment obligations for completed sessions.

## LIABILITY WAIVER AND INDEMNITY:

Client acknowledges that participation in physical training involves inherent risks, including but not limited to injury, illness, or death. Client voluntarily assumes all such risks and releases Trainer from all liability for any injury or damage sustained, except to the extent caused by Trainer's gross negligence or willful misconduct. Client agrees to indemnify and hold Trainer harmless from any claims, damages, or expenses arising from Client's participation.

**CONFIDENTIALITY:**

Both parties agree that all personal and health information disclosed during the provision of services shall be kept confidential and handled in accordance with applicable Australian privacy laws.

**GOVERNING LAW AND DISPUTE RESOLUTION:**

This Agreement shall be governed by and construed in accordance with the laws of Australia. Any disputes arising out of or related to this Agreement shall be subject to mediation, and if unresolved, to the exclusive jurisdiction of the courts of Australia.

**ENTIRE AGREEMENT:**

This Agreement constitutes the entire understanding between the parties regarding the subject matter herein and supersedes all prior discussions, agreements, or understandings of any kind. Any amendments must be in writing and signed by both parties.

**TRAINER'S SIGNATURE**

**CLIENT'S SIGNATURE**

Date: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Signature: \_\_\_\_\_

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